



Welcome to

Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

THE MOST HOLY BODY AND BLOOD OF CHRIST (*Corpus Christi*) - YEAR A

Vol 14 : No 29

KANGAROO ISLAND CATHOLIC PARISH

Parish House: 14 Todd Street
KINGSCOTE, SA 5223
Phone: 8553 2132

Postal address: PO Box 749,
KINGSCOTE, SA 5223

Email: cphkingscote@iinet.net.au

Web: www.kicatholic.org.au

ADELAIDE CATHEDRAL PARISH

39 Wakefield St, ADELAIDE 5000
Phone: (08) 8210 8155

E: acp@acp.adelaide.catholic.org.au

PARISH TEAM CONTACTS

PARISH PRIEST

Fr Lancy D'Silva
Phone: (08) 8210 8155

PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009
or kimumford@bigpond.com)

WEEKEND MASSES

Kingscote at 9.30am

CONFESSION

Kingscote at 9.00am (prior to Mass)

INTEGRITY & SAFEGUARDING

We are a safeguarding Organisation which is committed to the care, wellbeing and protection of children, young people and adults at risk.

We believe that all God's children, young people and adults at risk have the right to be healthy and safe, and to have their voice heard, respected, and valued. A safe environment for all.

- Mrs Helen Mumford
(KI contact - 0408 367 009)
- Integrity and Safeguarding Dept
(8210 8150 - select option 2)

Catholic Archdiocese of Adelaide - Our
Resources and Fact Sheets
adelaide.catholic.org.au



FIRST READING

Deut 8:2-3, 14-16

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and to know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

RESPONSORIAL PSALM

Ps 147:12-15, 19-20

Praise the Lord, Jerusalem

1. O praise the Lord, Jerusalem! Zion, praise your God! He has strengthened the bars of your gates, he has blessed the children within you. (R)

2. He established peace on your borders, he feeds you with finest wheat. He sends out his word to the earth and swiftly runs his command. (R)
3. He makes his word known to Jacob, to Israel his laws and decrees. He has not dealt thus with other nations; He has not taught them his decrees. (R)

SECOND READING

1 Cor 10:16-17

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

GOSPEL ACCLAMATION

Jn 6:51-52

Alleluia, alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live forever. Alleluia!

GOSPEL

John 6:51-58

Jesus said to the Jews:

'I am the living bread which has come down from heaven.

(Continued page 4)



Bulletin Board

KEEP THESE

PEOPLE IN YOUR PRAYERS

Healing list: Brianna Chudlee, Annette Roestenburg, Michelle Glynn, Rebecca Semler, Chris Heath, Simon Laundry, Josh Semler, MaryAnne Higgs

June anniversaries: Dorothy 'Mardi' Atkison, William 'Bill' Bauer, Shirley Black, Doris Bosanko, Norma 'Aileen' Cartel, Tony Cairney, William Christopher, Craig Feltus, Mary Alice Grace, Benjamin Hayes, Henry Hughes, Sarah Hughes, Fr P P Kelly, Alan Lashmar, Maria Loechel, Ann McAnnally, James McAnnally, Lillian Murphy, Laurence O'Daly, Dean Page, Ruth Perkins, Molly Polly, Edna Rayson, Mary - Douglas Rosentreter, Brenton Semler, Henry Tabor, Michael Wilcox, Alice Willson, Brian Willson, Mary Connell.

Please pray for all the faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ.

PRIEST ROSTER

7 June Fr Vincent Wijesuriya
14 June Fr Valentin Morales

WHAT'S ON

8 Jun King's Birthday
28 Jun Holy Father's Appeal
3 Jul End school term 2
5 Jul NATSICC Appeal
12 Jul Stella Maris - Appeal
20 Jul Beginning school term 3
9 Aug Promotion Vocations Appeal
Sep Catholic Charities Month
Sep 5-13 Royal Adelaide Show
25 Sep School term 3 ends
26 Sep AFL Grand Final
5 Oct Labour Day
12 Oct School term 4 begins
18 Oct World Mission Month
3 Nov Melbourne Cup
8 Nov Supporting our Clergy Appeal
15 Nov St Vincent de Paul Christmas Appeal
11 Dec School term 4 ends
25 Dec Christmas Day



Since 2022 our Church has been a part of the Adelaide Cathedral Parish. In honour of Our Lady of Perpetual Help, a large group of parishioners from the Cathedral Parish will be visiting our Church for a 11.30am Mass on Sunday July 5. They will bring with them a special choir. Fr Lancy D'Silva will be the celebrant and Archbishop Patrick O'Regan will attend if his schedule permits.

We are all invited to join them for lunch (Indian cuisine) at the Lions' Hall following Mass.

MORE THAN A SUNDAY HABIT

The people listening to Jesus were confused. His words sounded confronting, even impossible. Yet Jesus did not back away from them. Instead, he invited people into a deeper understanding of who he was and the life he came to give. Thousands of years later, his invitation remains the same.

In a world that constantly tells us to move faster, consume more and keep ourselves busy, Jesus offers something different. He offers himself.

The Eucharist is not simply a ritual we attend or a tradition we maintain. It is an encounter with the living Christ. It is where we are fed, renewed and reminded that we do not walk through life alone.

Many things compete for our attention. Work, sport, family commitments, screens, schedules and endless notifications can fill every

available space. Yet beneath all the noise is a deeper hunger. A hunger for meaning, purpose, belonging and hope.

Jesus speaks directly to that hunger. His words challenge us to ask an important question. What is feeding my life?

If our hearts are constantly being filled with worry, distraction or pressure, it becomes difficult to recognise God's presence. But when we make room for Christ, especially through prayer, Scripture and the Eucharist, we discover a life that is richer, stronger and more grounded.

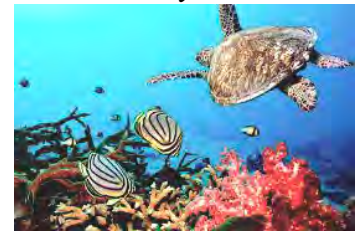
Faith is not about adding one more thing to a busy schedule. It is about staying connected to the One who gives life to everything else.

Jesus was not offering the crowd a religious obligation. He was offering them himself. And he still is.

GPBS eNews

WORLD OCEAN DAY

Monday 8 June



Our experience of an algal bloom here in SA makes us aware of how important the ocean is to us. The ocean produces at least 50% of the planet's oxygen, it is home to most of earth's biodiversity and is the main source of protein for more than a billion people.

God, our Creator, guide our efforts to live sustainably that our seas and oceans may thrive.



MASS ROSTERS

Date	Readers/Prayers	Special Ministers	Cleaners
7 June	P Clark, W Bennett	L Grant, H Mumford	H Mumford
14 June	K Hammat, S Semler	W Bennett, A Clark	H Mumford
28 June	A Clark, M Glynn	L Grant, H Mumford	H Mumford
05 July	W Bennett, M Slagter	K Hammat, M Slagter	C Brinkley



Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

INVITING EACH OTHER TO OUR BETTER SELVES

I grew up in a rural area where most everyone was either a first or second-generation immigrant. Most of us were just above the poverty line, struggling economically and struggling to speak English properly. We were also struggling to access higher education, both because a lot of my peers had to end their schooling after the eighth grade to help support the family and because the idea of university education was not yet part of most families' ethos.

In our community there was one family for which this wasn't true. They were comfortable economically and a number of them had gone on to higher education and were now professionals in different fields. They were a privileged family.

But they wore it well. There was no snobbishness, flaunting, or superiority complex. The opposite. They used their gifts to try to help the community. One of their sons became a teacher and taught in one of the local schools, and for a number of years the family set up a curling rink every winter for the community. They were both admired and respected.

One day one of their sons was sitting with a group of young men who were sharing a beer, sharing stories, and enjoying some healthy banter, when the son of this much respected family made a blatantly racist remark. There was an awkward silence. Then one of men, in a gentle voice, said this to him: "You know, it surprises me that you would say something like that. Your family is so classy. We all look up to you. This doesn't sound like you."

The man's reaction was immediate and contrite: "You're right. I'm

sorry. I don't know why I say things like that. That was stupid."

I can imagine a very different reaction had he been challenged with hard words like: "*You're a racist! How can you say something like that!*"

When we challenge each other in harsh words, the effect often serves to make us more defensive and freeze us in our view. We are being scolded, rebuked, shamed, and that can work just as easily to re-entrench as to persuade. It also serves to harden the space between us rather than invite us to what's best and highest in ourselves.

We need to invite and challenge each other to what's best and higher inside us.

And what is best and higher inside us?

Some of our early Christian writers (the Church Fathers) suggested that each of us has a double personality and heart. In each of us, they submit, there is a big, generous, noble, altruistic heart. But, inside each of us too, there is a wounded, petty, and selfish heart; and at any given time, we can be operating out of one heart or the other. We can be big-hearted and we can be petty, and this can change from one hour to the next depending on what's meeting us in life.

Here's an example: Imagine you wake up some morning feeling altruistic and noble of heart. At that moment, you have the mind and heart of Jesus. In that holy frame of mind, you go to work and there someone is cold and sarcastic with you. In one minute, everything can switch; you no longer have the mind and heart of Jesus, nor the mind and heart of what's best in you. The wounded petty heart in you trumps

the big heart, warmth and understanding leave you, and you now feel cold and bitter.

Now imagine this in reverse: You wake up some morning feeling paranoid, misunderstood, and nursing old wounds. At that moment you don't have the mind and heart of Jesus, nor are you attuned to what's better and higher in your own mind and heart. You go to work in that unholy state and there, unexpectedly, some co-worker greets you warmly and shares how much she appreciates your work and your friendship. In one minute, the noble mind in you trumps the petty mind and all that's best and generous in you rises to the surface and you want to be a better person. You flip from bitterness to graciousness in one minute.

We live in a polarised world today where so many issues bitterly divide us and invite us not to what's noble and best in us, but rather to what's wounded, paranoid, and defensive. We need a new tone in our discourse, one of invitation and respect, one that recognises what's noble and big-hearted in the other and then challenges the other to own what's best in him or her.

Instead of name-calling and assaulting each other with slogans, we need to say to each other: "*You know, it surprises me that you would say something like that. You're so classy! We all look up to you. This doesn't sound like you.*" That kind of invitation can help thaw some of the coldness that for all kinds of reasons perennially besets the human heart.

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com

WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection (Support for Priests):
Kangaroo Island DPF - CDF Account
14870 S7.65
BSB 066-782
A/c No 100027201
Reference: Your name

2nd Collection (Support for Parish):
Kangaroo Island Parish – CDF Account
1040 S1
BSB 066-782
A/c No 100000067
Reference: Your name

Thank you for your ongoing support of our Priests and Parish Facilities.



Today at Mass, take a good look around you. How many people would you say are there? A hundred? Four hundred? Now think of that number multiplied by all the people taking part in the Mass all over the world right now, from Anchorage and Tokyo to Melbourne and Zimbabwe. Then multiply it by all the people who have ever received the Eucharist in the whole history of the world. What a huge number that would be! But all of those billions of people in heaven and earth are all one. We are one body in Christ. How amazing is that? And you're part of it – think of that!

Jesus, help me care for all of your people!
GPBS eNews



(Continued from page 1)

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day.

For my flesh is real food and my blood is real drink.

He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me.

This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

THE CHARGER

A teenager was becoming increasingly frustrated. "No way," he said, staring at his phone. "One percent." He searched through his bag. Nothing. He checked his pockets. Nothing. Finally, he found a charger and plugged the phone into the wall.

A few moments later, the battery symbol appeared on the screen. "That's better," he said.

His grandfather, sitting nearby, smiled. "You know, we're not much different." "What do you mean?" "We notice straight away when our phones are running out of power. We panic. We look for a charger. We know they can't keep going forever on an empty battery." The teenager laughed. "But we don't always notice when we're running empty ourselves." The words hung in the air.

We all know what it feels like. Life

gets busy. Work piles up. Family demands increase. School and work become hectic. The news is relentless. The world feels noisy. We keep going, often without stopping to ask what is actually sustaining us.

This week, Jesus speaks directly to that reality. He tells people that life is found in him. Not occasionally. Not as a backup plan. Not as an emergency charger when everything else fails. He offers himself as the source of life itself.

The challenge of this Gospel is simple and confronting. Many things can occupy our lives, but not everything can sustain our lives.

Just as a phone eventually runs flat when disconnected from its power source, our hearts can become weary when disconnected from the One who gives us life.

The invitation of Jesus is not simply to believe in him. It is to remain connected to him. Because the life he offers is not something we generate ourselves. It is something we receive.

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THIS WEEK'S READINGS

(08 - 14 June)

- **Monday, 08:** Weekday, Ord Time 10 (1 Kg 17:1-6 ; Mt 5:1-12)
- **Tuesday, 09:** Weekday, Ord Time 10 (1 Kg 17:7-16 ; Mt 5:13-16)
- **Wednesday, 10:** Weekday, Ord Time 10 (1 Kg 18:20-39; Mt 5:17-19)
- **Thursday, 11:** St Barnabas (Acts 11:21-26, 13:1-3; Mt 10:7-13)
- **Friday, 12:** The Most SACRED HEART of Jesus (Deut 7:6-11; 1 Jn 4:7-16; Mt 11:25-30)
- **Saturday, 13:** Weekday, Ord Time 10 (1 Kg 19:19-21; Mt 5:33-37)
- **Sunday 14:** 11th SUNDAY in ORDINARY TIME (Ex 19:2-6; Rom 5:6-11; Mt 9:36 - 10:8)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955